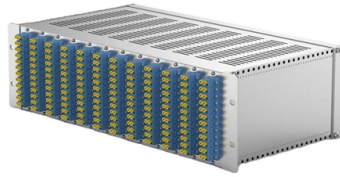


## Permissible Side Pressure of Optical Cable



### Overview

For single conductors, multiple conductors, triplexed power, and multi-conductor control or power cables, the Maximum Allowable Sidewall Pressure (MASP) is between 4380 N/m to 7300 N/m of bend radius based on the material of the cable. Sidewall Pressure (SP) is the radial force exerted on a cable as it is pulled around a bend. When the 3rd Edition of the Southwire Power Cable Manual was published in 2005, the recommended installation Pulling Tensions & Side Wall Pressure - Limitation of loads to be applied is based on practical experience, although Prysmian does have an installation department for high voltage cable provides general recommendations for the selection and use of cables, providing useful guidance on cable installation. Each installer should consider bend radius, tension, jamming, and fill ratio before performing any conduit pull. Reference Okonite's "Installation Manual" for a complete treatment of cable pulling tensions. In cable pulling through a straight conduit, the normal force is also equal to the weight of the cable.

## Article Content

### Cable Pulling Tension Calculations Guide | PDF

It outlines formulas to determine the maximum safe pulling tension on a cable based on its construction, the maximum permissible pulling length, tension in straight ...

### Pulling Fiber Optic Cable in Conduit

Sidewall Pressure bend generates sidewall pressure (a crushing force) between the cable and the inside of the conduit bend. Pulling tension, the conduit radius and fill ratio all affect this ...

### WORKMANSHIP STANDARD FOR FIBER OPTIC ...

Cable stress relief and environmental sealing between the cables and splice, or the cables and the connectors, to prevent the entry of external contaminants and to provide protection from both cable ...

### Friction Coefficient in Cable Pulling Sidewall Pressure Limits

Typical sidewall pressure limits for electrical cable are 300 to 1000 lbs/ft (4.4 to 14.6 kN/m). For some cable types, limiting bend radius is the common way to limit sidewall pressure. Fiber optic cable ...

### Cable Bending Radius Guidelines

This document provides guidelines for bending radius, side wall pressure, and copper screen requirements for different types of cables operating at various voltage levels.

### IEEE Std 576-2000, IEEE Recommended Practice for Installation ...

The sidewall pressure is the force exerted on the insulation and sheath of the cable at a bend point when the cable is under tension, and is normally the limiting factor in an installation where cable bends are ...

### Recommendation ITU-T L.151 Installation of optical ground wire ...

It deals with the factors that should be considered in determining the characteristics of this type of cable, the apparatus that should be used, the precautions that should be taken in handling the reels, and ...

### TECHNICAL NEWS

The maximum sidewall pressure that modern cables can withstand without causing incipient damage is based on the number of cables pulled together and the size of the conductors.

### Installation Pulling Tensions & Side Wall Pressure

Where a cable pull is carried out using the armour, it is important to verify that the side wall pressure does not exceed that which would occur when using the maximum pull on the conductor, in ...

#### MAXIMUM SIDEWALL PRESSURE

Sidewall Pressure (SP) is the radial force exerted on a cable as it is pulled around a bend. Excessive sidewall pressure can cause cable damage and is the most restrictive factor in many installations.

How to Calculate Cable Pulling Tension and Sidewall ...

This article explains how to perform cable pulling tension and cable sidewall pressure calculations and also includes a worked calculation example.

## Contact Us

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